Day 1, Monday 4 April 2011

**10.00**  Expert Workshops (FREE to attend designed with Busy Local Psychiatrists/Medical students etc in mind)

Expert Patient Management workshops run by the EBF - Chaired by:
- Prof Hagop Akiskal
- Prof Giulio Perugi
- Prof Andreas Erfurth
- Prof Eric Youngstrom
- Prof Alan Swann
- Dr Elie Hantouche
- Prof Elie Karam
- Prof Gianni Faedda

**11.00**  Registration and coffee

**11.30** IRBD 2011 Welcome and Introduction
President: Prof Athanasios Koukopoulos (I)
Chairmen: Prof Giulio Perugi (I)/ Prof Andreas Erfurth (At)

**11.45** Science Update 1: Dopamine Pathways - From Receptor to Rx (Prescription)
Chair: Prof Liliana dell’Osso (I)
Speaker: Dr John Cookson (UK)

**12.15** European Bipolar Forum - Treating Bipolar Patients, the Burden of Complexity
Session 1: Chair: Prof Zoltan Rihmer (Hun)

- **The Burden of Cyclothymia**
  Speaker: Prof Hagop Akiskal (US)

- **Dealing with BP-II complexity: Toward simplexity**
  Speakers: Dr Elie Hantouche (F)/Prof Jules Angst (Ch)

- **The Burden of Cognitive Dysfunction**
  Speaker: Dr Annabel Martinez-Aran (E)

**13.30** Break

**14.30** Interactive 1: Suicide and Quality of Life issues in Bipolar Disorder patients
Chair: Prof Alberto Siracusano (I)

- Temperaments mediate suicide risk and psychopathology among bipolar disorder patients
  Speaker: Prof Maurizio Pompili (I)

- Quality of life of bipolar patients
  Speaker: Prof Homayoun Amini (Ir)

**15.10** Plenary 1: Results from the validation of the Greek versions of TEMPS, TCI and NEO-PI
Chair: Prof Hagop Akiskal (US)
Speaker: Prof Kostas Fountoulakis (Gr)
### Day 1 Cont/...

#### 15.40
**Refreshments**

#### 16.00
**European Bipolar Forum - Treating Bipolar Patients, the Burden of Complexity**  
*Session 2:* Chair: Dr Elie Hantouche (F)

- **The Burden of alcoholism**  
  Speaker: Prof Otto Lesch (At)

- **The Burden of drug addiction**  
  Speaker: Prof Icro Maremmani (I)

- **The Burden of Impulsivity**  
  Speaker: Prof Alan Swann (US)

- **The Burden of Childhood Onset**  
  Speaker: Prof Gianni Faedda (US)

#### 17.30
**Interactive 3: The Burden of Physical Illness**  
Chair: Prof Icro Maremmani (I)

- **Neurological Aspects**  
  Speaker: Prof Ketil Oedegaard (Nw)

- **The Burden of Physical Illness**  
  Speaker: Prof Giulio Perugi (I)

- **Cyclothymia in an Acute Ward - Compared to the General Population**  
  Speaker: Dr Vigdis Syrstad (Nw)

**Interactive 4: Aspects of Temperament**  
Chair: Prof Zoltan Rihmer (Hun)

- **Temperament in Different Professions**  
  Speaker: Prof Maria Luisa Figueira (Pg)

- **Temperament and mystic/religious experience**  
  Speakers: Dr Christina Toni (I)

#### 18.30
**Refreshments**

#### 19.00
**Plenary 2:** Creativity and schizotypy in bipolar illness. Painting “Mania”.  
Chair: Prof Eric Youngstrom (USA)  
Speaker: Prof Janusz Rybakowski (Pl)

#### 19.30
**Plenary 3:** Roman Emperors - Caesar, Caesar Augustus, Tiberius, Caligula - If they only had Lithium  
Chair: Prof Giulio Perugi (I)  
Speaker: Prof Joe Deltito (US)

#### 20.00
**Open Drinks Reception**

#### 20.30
**Closed Committee Meeting and Dinner**
## Day 2, Tuesday 5 April 2011

### 08.30

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<th>Event</th>
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| **Science Update 2: Dopamine - the Driving Force - The Chemistry of Romantic Love**<br>Chair: Prof Giulio Perugi (I) | **The Chemistry of Romantic Love**<br>Speaker: Prof Hagop Akiskal (US)  
**Pathology Love, Sex and Bipolarity**<br>Speaker: Prof Olavo Pinto (Br) |

### 09.30

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| **Interactive 5: Adversities and Temperament**<br>Chair: Dr John Cookson (UK) | **Interactive 6: The Rhythm of Bipolar Disorder**<br>Chair: Prof Athanasios Koukopoulos (I)  
**Prodromes of bipolar disorder**<br>Speaker: Prof Paolo Girardi (I)  
**Rapid cycling course of bipolar disorder**<br>Speaker: Dr Gabriele Sani (I)  
**Effect of birth season on affective temperaments and bipolar disorder**<br>Speaker: Prof Xenia Gonda (Hu) |
| **Childhood Adversities and Temperament**<br>Speaker: Prof Eric Youngstrom (US)  
**Childhood Adversities and Temperament in Adults: An Epidemiologic Study**<br>Speaker: Prof Elie Karam (Leb)  
**The early clinical stages of bipolar disorder in youth at familial risk**<br>Speaker: Dr Anne Duffy (Cdn) |

### 10.30

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<td><strong>Refreshments</strong></td>
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### 11.00

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| **Bristol Myers Squibb-sponsored Symposium: Future trends in the management of bipolar disorder: evolution of the role of combination therapy**<br>Chair: Prof Heinz Grunze (UK) | **Welcome and introduction**<br>Prof Allan Young (UK)  
**Broad considerations of bipolar I and II disorder**<br>Speaker: Prof Jules Angst (Ch) **Q&A**  
**The challenge of treating bipolar II disorder**<br>Speaker: Prof Allan Young (UK) **Q&A**  
**The importance of comorbidity across the bipolar spectrum**<br>Speaker: Prof Giulio Perugi (I) **Q&A**  
**Panel Discussion** |
| Speakers: Dr Michael Gitlin (USA)  
Professor Frank Bellivier (F) |

### 12.30

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<td><strong>Lunch</strong></td>
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### 13.45

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| **AstraZeneca-sponsored Symposium: Not a soft option: the hard facts about bipolar II disorder**<br>Chair: Prof Allan Young (UK) | **Welcome and introduction**<br>Prof Allan Young (UK)  
**Broad considerations of bipolar I and II disorder**<br>Speaker: Prof Jules Angst (Ch) **Q&A**  
**The challenge of treating bipolar II disorder**<br>Speaker: Prof Allan Young (UK) **Q&A**  
**The importance of comorbidity across the bipolar spectrum**<br>Speaker: Prof Giulio Perugi (I) **Q&A**  
**Panel Discussion** |
### Day 2, Cont/...

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<th>Time</th>
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<td>15.45</td>
<td><strong>Science Update 3: Neurotransmitters and Biomarkers</strong></td>
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<td></td>
<td><strong>Lithium and the Brain</strong></td>
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<td>Prof Allan Young (UK)</td>
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<td><strong>Biomarkers in Bipolar Disorder</strong></td>
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<td>Dr Martin Teicher (US)</td>
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<td>15.45</td>
<td><strong>Science Update 4: Progress with Neuroimaging and Neurotechnology</strong></td>
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<td></td>
<td><strong>Brain Imaging in Bipolar Disorders</strong></td>
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<td>Dr David Cousins (UK)</td>
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<td><strong>VNS an anticonvulsive antidepressant</strong></td>
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<td>Prof M Bajbouj (De)</td>
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<td>16.30</td>
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<td>16.45</td>
<td><strong>Plenary 4: Polarity index of mood stabilisers</strong></td>
<td>Prof Allan Young (UK)</td>
<td>Prof Eduard Vieta (E)</td>
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<td><strong>Interactive 6: Stabilisation of mood fluctuations for long term symptom control</strong></td>
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<td>Chair: Prof Andreas Erfurth (At)</td>
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<td><strong>Mood Stabilisers in the Treatment of Dual Diagnosis</strong></td>
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<td>Prof Icro Maremmani (I)</td>
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<td><strong>A naturalistic study on antimanic and mood stabilizing effect of memantine in treatment- resistant bipolar disorders.</strong></td>
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<td>Prof Gino Serra (I)</td>
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<td><strong>Enhancing treatment adherence among individuals with bipolar disorder</strong></td>
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<td>Prof Martha Sajatovic (USA)</td>
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<td>17.15</td>
<td><strong>Interactive 7: Additional Treatments</strong></td>
<td>Prof Allan Young (UK)</td>
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<td><strong>Use of Clozapine in Bipolar Disorder</strong></td>
<td>Dr Richard McCarthy (US)</td>
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<td><strong>ECT in Bipolar Disorder</strong></td>
<td>Prof Ketil Oedegaard (Nw)</td>
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<td><strong>Cognitive behavioural training in bipolar patients: predictors of functional outcome</strong></td>
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<td>Prof Gabriele Sachs (At)</td>
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<td>18.15</td>
<td><strong>Plenary 5: Dangers in the padded world</strong></td>
<td>Prof Massimo Biondi (I)</td>
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<td>Prof David Eberhard (Se)</td>
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<td><strong>Roundtable Discussion Session: Integration Into Primary Care</strong></td>
<td>Dr Kostas Fountoulakis (Gr)</td>
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<td>Dr Ilias Grammatikopoulos (Gr), Prof Zoltan Rihmer (Hu)</td>
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<td><strong>Against:</strong> Prof Alan Swann (US)</td>
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<td>19.00</td>
<td><strong>Debate: Redefinition of mixed states: towards DSM-V</strong></td>
<td>Prof Giulio Perugi (I)</td>
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<td>Prof Athanasios Koukopoulos (I), Prof Alan Swann (US)</td>
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<td><strong>Close of Day 2</strong></td>
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<td>20.30</td>
<td><strong>Dinner and Life Time Achievement Award (Tickets available)</strong></td>
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### Day 3, Wednesday 6 April 2011

#### 09.30
**Plenary 6: Practical Real World Application of the Adjunctive Asenapine Data in Mania**  
Chair: Prof Eduard Vieta (E)  
Speaker: Prof Joe Calabrese (US)

#### 10.15
**Refreshments**

#### 10.45
**Speaker Sponsored Session:**  
Chair: Prof Andreas Erfurth (At)  
**Electroconvulsive therapy to overcome treatment resistance**  
Speaker: Prof Nikolaus Michael (De)

#### 11.15
**Oral Platform Session**  
Chair: Prof Alan Swann (USA)

1. Association of insight with symptom severity: results from the European mania in bipolar longitudinal evaluation of medication (emblem) study  
Diego Novick (UK)

2. Examining the Validity of Cyclothymic Disorder in a Youth Sample: Replication and Extension  
Anna Van Meter (US)

3. Risk factors associated with postpartum psychopathology in women with bipolar disorder  
A W M M Stevens, (NL)

4. The role of loss, danger and humiliation life events in bipolar disorder  
Georgina M Hosang (UK)

5. An open label, multicenter, single arm, 4-week study to evaluate the efficacy and safety of flexible dose of quetiapine fumarate (Seroquel) switching from other drugs in the treatment of acute manic patients with bipolar disorder  
Jie Li (China)

6. Toward a more efficient screening of bipolar disorder in a sample of addictive patients  
Weber B (Ch)

7. Bipolar disorders and bipolar spectrum conditions in the community  
M Preisig (Ch)

Sylfa Fassassi (Ch)

9. Catatonia: A “Frozen Condition?” New Treatment Options Based on Case Reports and Literature Review  
Cris Coconcea (US)

#### 12.45
**Plenary 7: The Economic Burden of Bipolar Disorder - Socioeconomic Policies**  
Chair: Prof Kostas Fountoulakis (Gr)  
**The Euro-Med Network on Migration and Mental Health: What about bipolar disorders?**  
Speakers: Driss Moussaoui (Mor) and Dr Rachid Bennegadi (F)

#### 13.15
**Conference Close**